

Nordic Boot Socking Ideas



This PDF upload is specifically for the purpose of giving you added ideas for the the original pattern by Terri Shea, at Knitting Daily. Check out the link posted in this article.

This pattern is designed from top down, with a pattern stitch count of 94. Gauge is 8 stitches per inch. I used a #3 circle needle to attain the gauge.

1-The padded or double heel and toe are just a few of the options available. I have worked out some additional patterns for this sock. The charts are on the next page.

2-The length from calf to ankle is variable. After knitting about 8 inches, I slipped the sock on and pulled it up to where I wanted the ribbing to ride. Next step was to measure the distance to where I wanted to start my heel. In my case the decreases to the ankle area were not enough, so I adjusted the decrease formula to every increasing every 5th row. I also found that charting the decreases was very helpful.

3- Using various patterns for the sole. I prefer one that has short floats. You could also Armenian knit or Twine knit (alternating the colors) for a firm bottom to your sock..

4- I used a tubular cast on for 2 by 2 rib. You can find that on YouTube.

5- The stripes in the ribbing are created by knitting one round even at the color change, then switching back to the 2 by 2 in the following rounds. How many color changes you want is up to you. I used two.

The patterns in this PDF are for the leg and instep. The stitches used for the heel are you chose, I used 37. Here again charting this out is helpful. If you need help , contact me.

Toe section

Nordic Sock Chart I

6 Rnd Transition before Toe

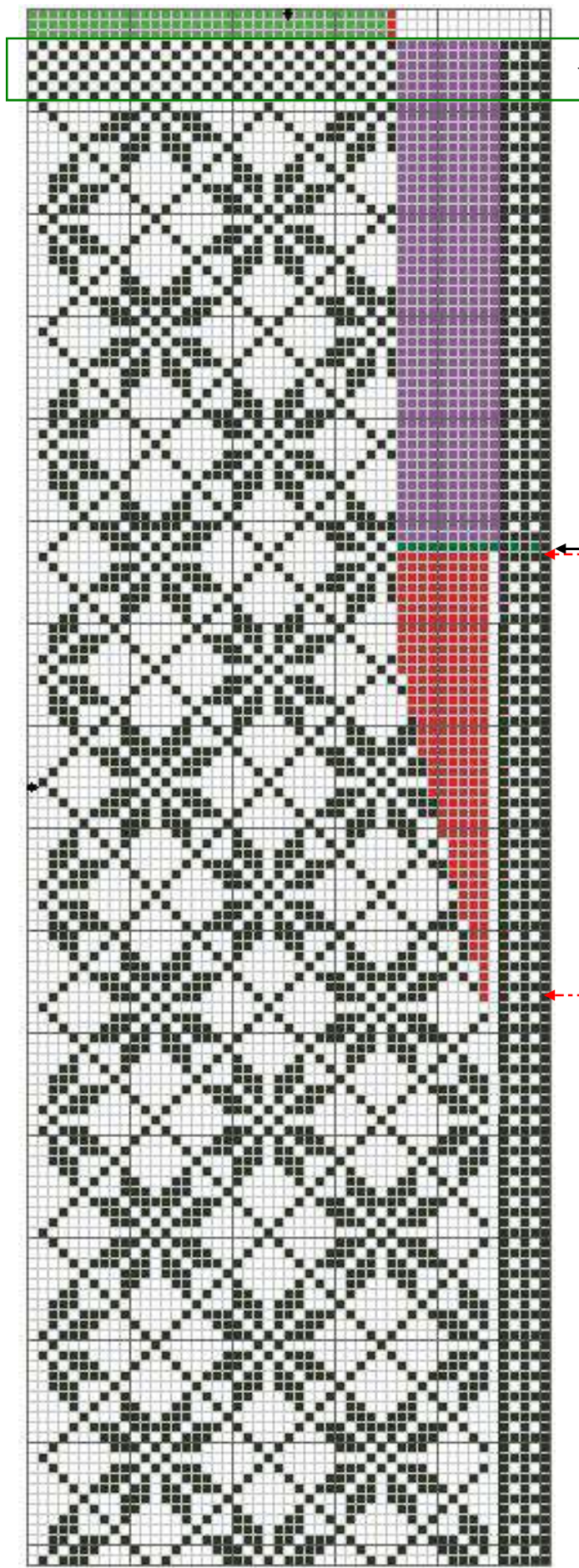
**I worked my toe over 37 sts. I decrease one stitch on each side of instep section, when starting this portion of the pattern.*

Beginning Heel Row

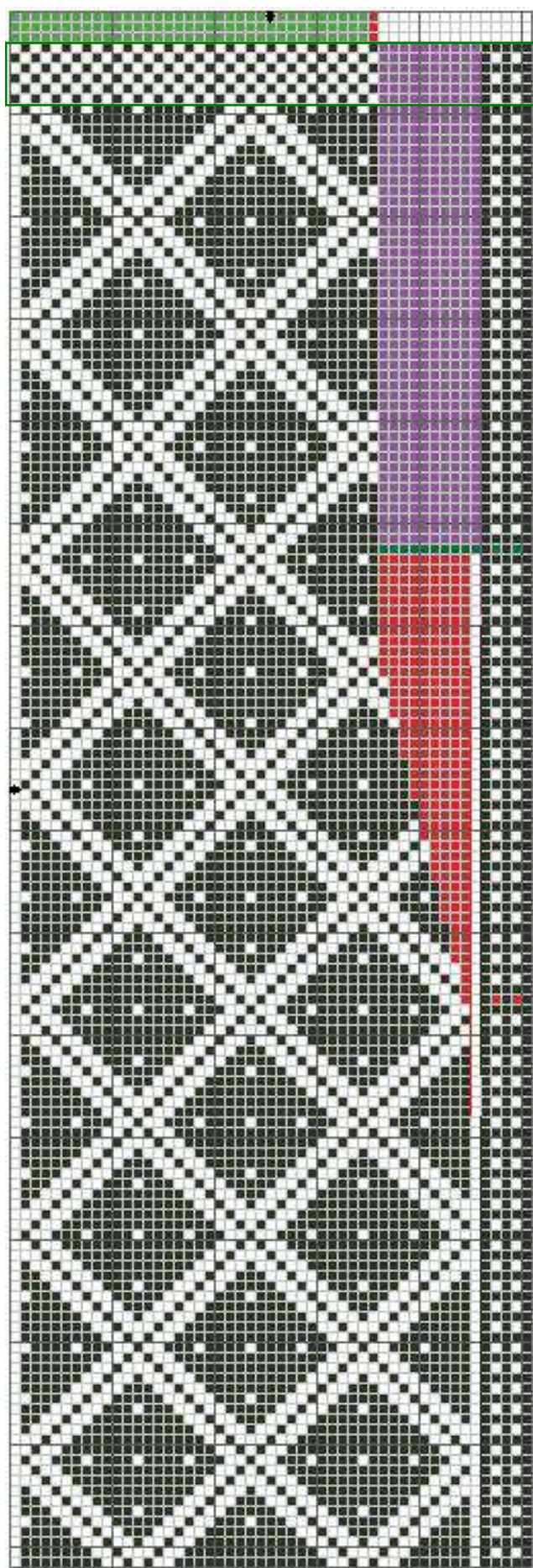
I worked 37 sts for my heel

Decrease Section

Upper Calf Section



Nordic Sock Chart II



6 Rnd Transition before Toe

**I worked my toe over 37 sts. I decrease one stitch on each side of instep section, when starting this portion of the pattern.*

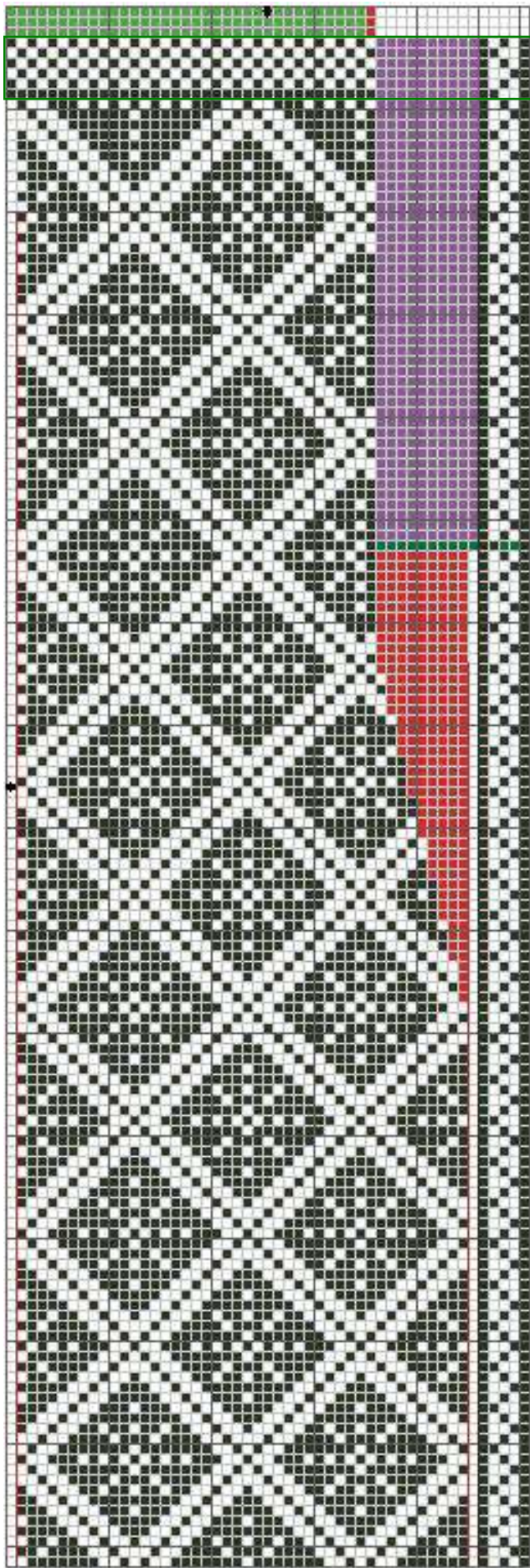
Beginning Heel Row

I worked 37 sts for my heel

Decrease Section

Upper Calf Section

Nordic Sock Chart III



6 Rnd Transition before Toe

**I worked my toe over 37 sts. I decrease one stitch on each side of instep section, when starting this portion of the pattern.*

Beginning Heel Row

I worked 37 sts for my heel

Decrease Section

Upper Calf Section

Nordic Socks

I wear a size 8 ½ to 9 shoe

Size Needles- #3 circle needle; #1; #0

2 skeins of sock yarn of each color. MC/CC

CO - 92- Work desired rib for 2-3 inches (2 1/2)

Last rnd of ribbing, inc 2 sts. Total stitch for pattern chart = 94

Work desired chart to desired length of leg section.

Begin decrease section as charted. Work to beginning “heel” round. Work desired heel over 37(39) sts.

For short row heel I worked 10 sets of short rows before turning. Finish MC heel on knit row; CC heel on purl row. Join the short row turns to anchor the double heel. Complete row of instep chart. When you reach the heel, join the two together with MC, carrying the CC behind (weave it in every other stitch).

Next round, work instep chart and work a close design for the bottom of the sole. A checkerboard works nicely, 2 stitch of each color, then work your back seam border in the middle. Continue working the chart to the prep section for the toe section.

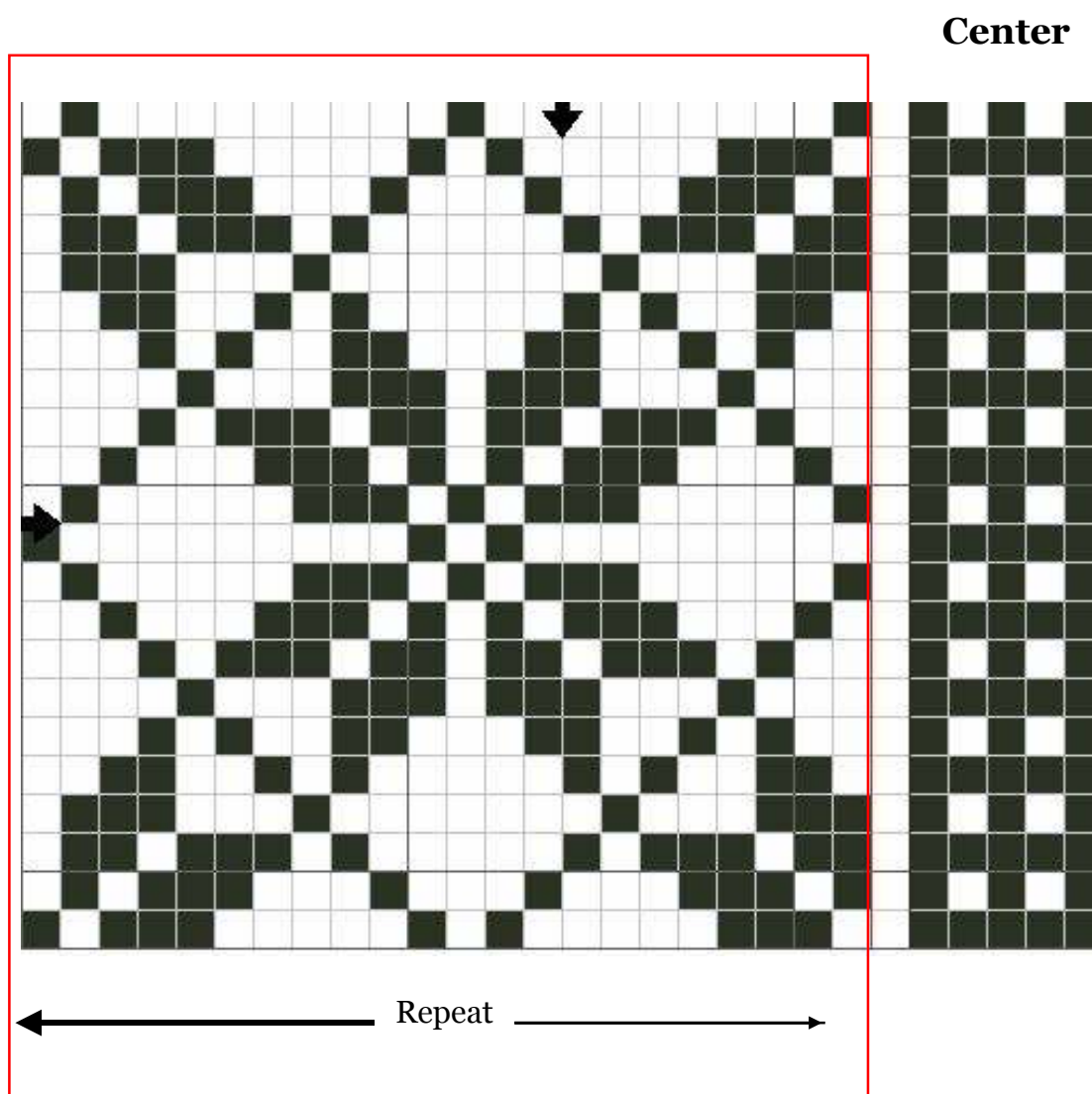
If you are using a short row toe, you can either close it on the top or on the bottom of the sock. I chose to close mine on the bottom. You can also work a double heel that is decreased on the sides. Just set up for a double knit all the way around you sock. Work both toes, one round short of the closing round. Knit them together and Kitchener stitch the remaining stitches.

If you need help adjusting these charts for your size, you know where to find me.

KT

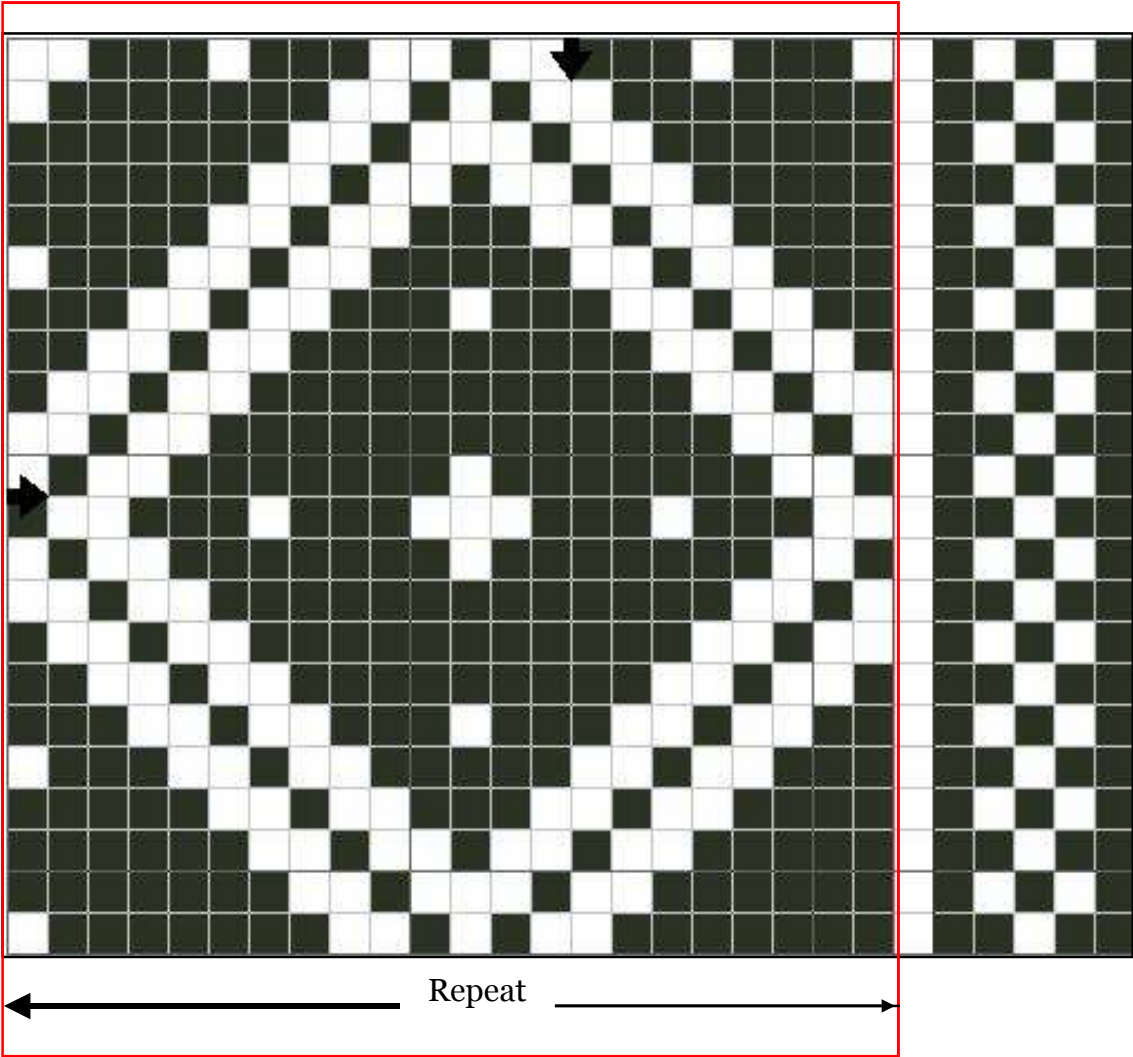
Cozy Toes Nordic Boot Sock Patterns

Pattern #1



Pattern #2

Center



Pattern #3

Center

